

## THE LODGE WEEKLY MENU WEEK 1

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☺☺  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Garlic Mushrooms  <b>Gammon Steak served with Grilled Pineapple</b>  ♥ <b>Haddock</b> <i>Poached In Milk With A Fresh Parsley Sauce</i>  V <b>Spanish Omelettes</b>  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Fresh Fruit Salad (activity) Sweet Selection Ice –Cream Yoghurt	Homemade Vegetable Soup  ♥ <b>Braised Steak in a Rich Onion Gravy with Mashed Potatoes</b>  <b>Wholetail Scampi</b> <i>Served with Chunky Chips, and accompanied by Lemon and Tartare Sauce</i>  V <b>Mushroom Sroganoff</b> <i>Served with Steamed rice</i>  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Sweet Selection Ice-Cream Yoghurts	Melon Balls With Mango Coulis  <b>Pork and Apple Casserole</b> <i>Slow cooked Pork in a rich Cider Gravy</i>  ♥ <b>Prawn and Vegetable Pizza</b>  V <b>Deep Fried Brie</b> with Cranberry dip  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Sweet Selection Ice-Cream Yoghurts	Prawn Cocktail  <b>Roast Lamb</b> <i>Succulent Lamb Slow Cooked With Mint Sauce</i>  ♥ <b>Grilled Haddock</b> <i>Served with white wine, cream and asparagus sauce</i>  V <b>Leek and Cream Cheese Stuffed Jacket Potatoes</b>  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Sweet Selection Ice-Cream Yoghurts	Homemade Broccoli and Stilton Soup  <b>Fish n Chips</b> <i>Beer Battered Pangasius Fillet served with Chunky Chips, Mushy Peas and Homemade Tartare sauce</i>  <b>Beef Goulash</b> <i>Tender Pieces of Beef cooked in a Tomato and Paprika Sauce</i>  V <b>Vegetable Stir Fry</b>  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Sweet Selection Ice-Cream Yoghurts	Homemade Minestrone Soup  ♥ <b>Chicken Breast Wrapped in Smoked Bacon and oven baked</b>  ♥ <b>Steamed Pangasius</b> <i>Served with Lemon Butter</i>  V <b>Vegetable Spring rolls with a Sweet Chilli dip</b>  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Sweet Selection Ice-Cream Yoghurts	Fresh Broccoli Soup  ♥ <b>Roast Pork</b> <i>Roast Leg of Pork with apple Sauce</i>  <b>Fillet of cod in a Creamy Butter Sauce</b>  V <b>Cheese and Onion Pastie</b>  Selection Of Seasonal Vegetables and Potatoes  ☺☺  Sweet Selection Ice-Cream Yoghurts
<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>
Soup Of The Day Fruit Juice  ☺☺ <b>Cottage Pie with Beetroot</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Spotted dick with Custard	Soup Of The Day Fruit Juice  ☺☺ <b>Meat and Potato Pie with Mixed Vegetables</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Syrup Sponge and Custard	Soup Of The Day Fruit Juice  ☺☺ <b>Irish Stew served with a Bread Roll</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Homemade Apple Pie & Custard	Soup Of The Day Fruit Juice  ☺☺ <b>Smoked Mackerel on Toast</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Rice pudding with Sultanas and Mixed Spice	Soup Of The Day Fruit Juice  ☺☺ <b>Kingsize Vol Au Vent With Ham &amp; Cheese</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Rhubarb Crumble with Custard	Soup Of The Day Fruit Juice  ☺☺ <b>Cod Goujons with Chunky Chips and Peas</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Pancakes served with Syrup, Jam and Cream	Soup Of The Day Fruit Juice  ☺☺ <b>Jacket Potatoes with a Choice of Fillings Butter, Cheese, Beans and Tuna</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  <b>Bakewell Tart with Custard</b>

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## THE LODGE WEEKLY MENU WEEK 2

<i><b>MONDAY</b></i>	<i><b>TUESDAY</b></i>	<i><b>WEDNESDAY</b></i>	<i><b>THURSDAY</b></i>	<i><b>FRIDAY</b></i>	<i><b>SATURDAY</b></i>	<i><b>SUNDAY</b></i>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ❧ ❧ ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homemade Tomato and Basil Soup  <b>Beef Stew with Herb Dumplings</b>  <b>Salmon en Croute</b>  ♥ <b>Broccoli and Cauliflower Pasta Bake</b>  Selection Of Seasonal Vegetables and Potatoes ❧ ❧  Sweet Selection Ice-Cream Yoghurts	Fanned Honeydew Melon  <b>Turkey in a White wine and Red Pepper Sauce</b>  ♥ <b>Grilled Haddock fillet with Lemon Butter</b>  ♥ <b>Vegetarian Chilli</b> <i>Served with Steamed Rice</i>  Selection Of Seasonal Vegetables and Potatoes ❧ ❧  Sweet Selection Ice-Cream Yoghurts	Homemade Vegetable Soup  <b>Chicken and Vegetable Pie</b>  <b>Breaded Cod Fillet</b> <i>served with a lemon Wedge</i>  ♥ <b>Stuffed Aubergine</b>  Selection Of Seasonal Vegetables and Potatoes ❧ ❧  Trifle (Activity)  Sweet Selection Ice-Cream Yoghurts	Battered Mushrooms filled with Cream cheese  ♥ <b>Roast Beef with Yorkshire Pudding</b>  <b>Chicken Tikka Masala served with Steamed rice</b>  ♥ <b>Sweetcorn &amp; Broccoli Fritters</b>  Selection Of Seasonal Vegetables and Potatoes ❧ ❧  Sweet Selection Ice-Cream Yoghurts	Tomato and Basil <b>Bruchetta</b>  ♥ <b>Braised Lamb and Vegetable Casserole</b>  <b>Breaded Plaice Fillet</b> <i>Served with Lemon Wedge and Tartare Sauce</i>  ♥ <b>Garlic Mushrooms</b> <i>Served with Bread Roll and butter</i>  Selection Of Seasonal Vegetables and Potatoes ❧ ❧  Sweet Selection Ice-Cream Yoghurts	Homemade Carrot and <b>Corriander</b> Soup  <b>Pork Stroganoff</b> <i>Thin Strips Of Pork With Shallots Mushrooms, Paprika And Cream, Served With Boiled Rice</i>  ♥ <b>Breaded Scampi served with Chunky chip and Peas</b>  <i>Made with a creamy Arberetto Rice</i>  ♥ <b>Egg Fried Rice</b>  Selection Of <b>Seasonal Vegetables</b> ❧ ❧  Sweet Selection Ice-Cream Yoghurts	Fresh Minestrone Soup  <b>Roast Lamb</b> <i>Roast Leg of Lamb with mint sauce</i>  ♥ <b>Prawn cocktail with Brown Bread and Butter</b>  ♥ <b>Potato and Vegetable Layer Bake</b>  Selection Of Seasonal Vegetables and Potatoes ❧ ❧  Sweet Selection Ice-Cream Yoghurts
<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>
Soup Of The Day Fruit Juice  ❧ ❧ <b>Sausage Casserole with Spicy Potato Wedges and Vegetables</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Pineapple Upside down Cake & Custard	Soup Of The Day Fruit Juice  ❧ ❧ <b>Steak and Ale Pie Served with New Potatoes and Vegetables</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Jam <b>Roly Poly</b> with Custard	Soup Of The Day Fruit Juice  ❧ ❧ <b>Cheese and Ham Toasties</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Apricot Crumble served with Custard	Soup Of The Day Fruit Juice  ❧ ❧ <b>Stuffed Jacket Potatoes served with Homemade Coleslaw</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Eves Pudding and Custard	Soup Of The Day Fruit Juice  ❧ ❧ <b>Poached Eggs and Spaghetti on toast</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Chocolate and Red Cherry Pudding served with Single Cream	Soup Of The Day Fruit Juice  ❧ ❧ <b>Cheese and Onion Quiche</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Chocolate Eclairs	Soup Of The Day Fruit Juice  ❧ ❧ <b>Spaghetti bolognaise</b>  ♥ <b>Selection Of Sandwiches and Cooked Meats or Cheese Salads</b>  Sliced Poached Pears in Red Wine

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<i><b>MONDAY</b></i>	<i><b>TUESDAY</b></i>	<i><b>WEDNESDAY</b></i>	<i><b>THURSDAY</b></i>	<i><b>FRIDAY</b></i>	<i><b>SATURDAY</b></i>	<i><b>SUNDAY</b></i>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)	♥Fresh Fruit Juice Freshly Brewed Tea Or Coffee  ☞☞  ♥Toast And Preserves, Cereals, Porridge And Prepared Fruit or Yoghurt  Traditional Breakfast (available at additional cost)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homemade Leek and Potato Soup  <b>Beef Hot Pot topped with Sliced                      Potatoes</b>  ♥Grilled Haddock fillet <i>Poached In Milk With Dill sauce</i>  V <b>Broccoli and Cheddar Cheese Flan</b>  Selection Of Seasonal Vegetables and Potatoes ☞☞ Fruit Jelly & Ice-Cream (Activity) Sweet Selection Yoghurts	Egg Mayonnaise  ♥Baked Ham served with Apricot chutney  <b>Tempura Battered Hake</b>  V <b>Bubble and Squeek</b>  Selection Of Seasonal Vegetables and Potatoes ☞☞  Sweet Selection Ice-Cream Yoghurts	Homemade Red Pepper soup  <b>Steak Pie with a Puff Pastry Lid</b>  <b>Homemade Fish Cakes with                      Tartare Sauce</b>  V <b>Vegetable Stew with Herb                      Dumplings</b>  Selection Of Seasonal Vegetables and Potatoes ☞☞  Sweet Selection Ice-Cream Yoghurts	Florida cocktail  ♥Roast Chicken served with <b>Sage and Onion Stuffing</b>  ♥Grilled Pollack Fillet  V <b>Macaroni Cheese</b>  Selection Of Seasonal Vegetables and Potatoes ☞☞  Sweet Selection Ice-Cream Yoghurts	Homemade Cream of Cauliflower Soup  <b>Grilled Bacon Chops with                      Trimmings</b>  ♥Fisherman's Pie  V <b>Greek Salad with Feta Cheese                      and Olives</b>  Selection Of Seasonal Vegetables and Potatoes ☞☞  Sweet Selection Ice-Cream Yoghurts	Homemade Pea and Ham Soup  <b>Savoury Mince with Herb                      Dumplings</b>  ♥Prawn <b>Frittata</b>  V <b>Vegetarian Sausage Casserole</b>  Selection Of Seasonal Vegetables and Potatoes ☞☞  Sweet Selection Ice-Cream Yoghurts	Homemade Chicken Liver Pate  ♥Roast Turkey with Trimmings  <b>Fillet of Plaice in a White Wine                      Sauce topped with Mushrooms</b>  V <b>Quorn and Vegetable Pie                      topped with a Puff Pastry Lid</b>  Selection Of Seasonable Vegetables and Potatoes ☞☞  Sweet Selection Ice-Cream Yoghurts
<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>
Soup Of The Day Fruit Juice  ☞☞ <b>Cauliflower Mornay with Crusty                      Bread</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Apple Crumble and Custard	Soup Of The Day Fruit Juice  ☞☞ <b>Beef Lasagne served with garlic                      Bread</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads Jam sponge with Custard	Soup Of The Day Fruit Juice  ☞☞ <b>Teatime Grill</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Manchester tart	Soup Of The Day Fruit Juice  ☞☞ <b>Potato Cake, with Baked Beans                      and Grilled Tomato</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Ginger Sponge with Custard	Soup Of The Day Fruit Juice  ☞☞ <b>Corned beef Pasties with Gravy                      and Vegetables</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Syrup Sponge with Custard	Soup Of The Day Fruit Juice  ☞☞ ♥ <b>Chicken Casserole with                      Crusty Bread</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Hot Chocolate fudge cake with Cream	Soup Of The Day Fruit Juice  ☞☞ <b>Sausage and Bacon Barm</b>  ♥Selection Of Sandwiches, Cooked Meats or Cheese and Salads  Jelly and Ice-Cream

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